Washington State University
MAJOR CURRICULAR CHANGE FORM - COURSE
(Submit original signed form and ten copies to the Registrar's Office, zip 1035.)

Future Effective Date: 08/16/2012
(effective date cannot be retroactive)

☐ New course  ☐ Temporary course  ☐ Drop service course
☐ There is a course fee associated with this course (see instructions)

☐ Variable credit
☐ Increase credit (former credit ________)
☐ Number (former number ________)
☐ Crosslisting (between WSU departments)
(Must have both departmental signatures)

☐ Conjoint listing (400/500)

☐ Request to meet Writing in the Major [M] requirement (Must have All-University Writing Committee Approval)

☐ Request to meet GER in ________ (Must have GenEd Committee Approval)  ☐ Fulfills GER lab (L) requirement

☐ Professional course (Pharmacy & Vet Med only)  ☐ Graduate credit (professional programs only)

☐ Other (please list request)

CoPsy 503 Introduction to Community Counseling

course prefix course no. title

3 3 Graduate student in community counseling program or consent of instructor
credit lecture hrs lab hrs studio hrs prerequisite
per week per week per week

Description (20 words or less) Introduction to counseling in community settings

Instructor: Dr. Laurie McCubbin
Contact: Dr. Tim Church
Campus Zip Code: 2136

Email: mccubbin@wsu.edu  Email: church@wsu.edu
Phone number: (509) 335-2816  Phone number: (509) 335-0927

Lynn Buckley 5-9114

- Please attach rationale for your request, a current and complete syllabus, and explain how this impacts other units in Pullman and other branches (if applicable).
- Secure all required signatures and provide 10 copies to the Registrar's Office.

Kelly Ward 9-26-11  Dean 1-12-12
Chair/date General Education Com/date

Chair (if crosslisted/interdisciplinary)*  Dean (if crosslisted/interdisciplinary) *

Graduate Studies Com/date

All-University Writing Com/date Academic Affairs Com/date Senate/date

*If the proposed change impacts or involves collaboration with other units, use the additional signature lines provided for each impacted unit and college.
Rationale

The counseling program in the Department of Educational Leadership and Counseling Psychology offers master’s degrees in community counseling and in school counseling. Graduates of the community counseling program are eligible for licensure in the state of Washington as a mental health counselor after completion of post-graduate supervised counseling experience requirements. Graduates of the school counseling program obtain initial/residential certification as school counselors in the state. While the faculty currently offer two courses that orient students in the school counseling program to specific counseling and professional issues relevant to school counselors, we have not previously offered a comparable class for the community counseling students. The absence of such as course has been viewed by faculty as a significant gap in the community counseling program.

The proposed new course, which was successfully offered as a special topics course in Fall 2011, seeks to fill this gap in the community counseling master’s program. The course will orient new community counseling students to the profession of community counseling, enhance their ability to establish a professional identity as a community counselor, and provide opportunities to exchange knowledge about specific community counseling techniques and relevant resources. Because all new community counseling students will take the course together in their first semester, the course will also contribute to a sense of cohesion and program identity for each new cohort of students.
CoPsy-503

Introduction to Community Counseling

Department of Educational Leadership and Counseling Psychology

Washington State University

Fall 2011 Fridays at 9:10 AM – 12:00 PM; EdAd 116

Instructor: Laurie McCubbin, Ph.D.

Office Phone: 509-335-2816

Email: mccubbin@wsu.edu

Office Hours: By appointment

Description: This course provides an introduction to counseling in community settings.

Required Textbook:


Objectives

1. In line with WAC 180-78A-270, to orient students to the profession of community counseling. See appendix for full text of this WAC.

2. To develop the ability to establish a professional identity as a community counselor.

3. To provide opportunities to exchange knowledge about specific community counseling techniques and relevant resources.

4. To develop self-awareness, self-evaluation and critical thinking skills.

College of Education Conceptual Framework:

The College of Education contributes to the theory and practice of the broad field of education, and dedicates itself to understanding and respecting learners in diverse cultural contexts. We facilitate engaged learning and ethical leadership in schools and clinical settings. We seek collaboration with diverse constituencies, recognizing our local and global responsibilities to communities, environments, and future generations.
Department of Educational Leadership and Counseling Psychology Mission Statement:

The mission of the Department of Educational Leadership and Counseling Psychology is to address the needs of communities, individuals, and educational institutions in a diverse society through leadership, scholarship, collaboration, and professional practice.

Counseling Program Learning Outcomes:

I. Skilled counseling practitioners

II. Skilled scholars/researchers as appropriate to their professional roles

III. Professional and ethical scholars and practitioners

IV. Sensitive to issues of diversity and able to integrate this sensitivity into their respective professional roles

V. Effective in consultation, collaboration, communication, and human relations skills across professional contexts

VI. Developing a professional identity appropriate for their future career plans

Course Requirements

1. Participation

Participation includes coming to class on time, completing the assigned readings, completing reflection papers, facilitating a class session on a special topic, and actively discussing issues and topics in class. It does not include surfacing the internet on your laptop or text messaging on cell phones. Please refrain from these activities during class.

Attendance (25%). Being a component of professionalism, attendance and punctuality are essential. Students who have special concerns or circumstances are encouraged to contact the instructor as soon as possible. Because class participation is a crucial part of class participation, you may receive a failing grade after two unexcused absences. If you must miss class, please alert the instructor ahead of time. Absences that occur without prior discussion with me will be considered unexcused except in extreme circumstances. Missing class due to duties related to your practicum is considered an unexcused absence. Attendance is essential as supervisors from the various internship sites will be coming to present to the class. This orientation and interaction with the supervisors for are needed to guide students into the professional field and assist them in the selection and criterion needed to be successful for internship (CoPsy 533—8 credits). The internship is required for the program, national certification and state licensure and therefore a critical component to the masters program. Class participation represents 25% of your overall grade.
Reflection Papers (25%). Over the course of the semester, students will be required to complete reflection papers. Reflection papers should be emailed to the instructor no later than 12 pm on the Thursday before class. Reflection papers are responses that should cover the readings for the upcoming session plus any retrospectives on the class or previous readings you desire. Please note that the reflection papers are responses to, and not summaries of, the readings. They provide an opportunity for you to raise questions, offer interpretation about readings and class discussion, and ask for treatment of specific issues in class. The reflection papers will not be individually graded, but they will be part of your participation in the class and will count towards your final grade. **Failure to complete at least 10 SEPARATE reflection papers (it is not acceptable to hand in several weeks at once) will result in course failure.** Please do not ask for exceptions or expect special considerations for this assignment. **Reflection papers represent 20% of your overall grade.**

**Topic Facilitation (10%):** Each student will sign up to formally facilitate a discussion of a chapter. Students will be responsible for: 1) providing a 1-2 page outline of the assigned reading to the class prior to the discussion (by Thursday at noon the day before the class via email), (2) facilitating class discussion revolving around the reading, and (3) sharing additional resources. Please examine the references listed in the respective chapters or consult your advisor, and choose two articles or chapters that are relevant to the topic(s) of the chapter. Please provide a ½ page summary of each of these two references along with respective APA citations. These brief summaries also must be distributed to your colleagues prior to the discussion (by Thursday at noon the day before class via email).

In summary, the day you are the facilitator, you should have copies for distribution in the class of the following:

1. a. 1-2 page outline of readings
   b. 1 page with two summaries of two references.

We will schedule presentation dates in class. You are welcome to “trade” presentation dates with other students in the class. Please note it is the responsibility of the student who was originally scheduled to present to notify the instructor of the change prior to the day of the presentation. **Topic facilitation represents 10% of your overall grade.**

3. **Community Counseling Presentations (40% with Portfolio; see 4)**

We will have a schedule of guest speakers who will provide you with more specific information about specialties available to you within the realm of community counseling. You will be given a format for note taking for each presentation, and your notes will be included in one section of your portfolio. We will have site supervisors visit the class and you will have that opportunity to meet with them and make the necessary connection for your practicum and internship. **Speaker notes with portfolio submission represent 40% of your overall grade.**

4. **Community Counseling Portfolio**

In order to document your growth and development as a counseling candidate, you will develop a portfolio during the Spring semester and maybe following semesters. A portfolio is a method of
documenting how you, over time and in a variety of ways, have mastered the knowledge and skills that are essential to a competent community counselor. The portfolio complements other methods of assessment such as course assignments and the comprehensive written exam. In addition, it provides the opportunity for you to reflect upon what, how, and how well you are learning in the course of your graduate student career (Baltimore, Hickson, George, Crutchfield, 1996).

**Step One: Organize your portfolio.**

- Get a 3-ring binder or a portable file box.
- Divide the binder or file box into sections.
- Community Counseling Sections should include, but are not necessarily limited to:
  - resume,
  - internship logs & final summaries,
  - any internship contracts on goals,
  - internship evaluations (site supervisors and instructors),
  - all course syllabi,
  - unofficial transcript (official transcript upon finishing degree for your records)
  - documentation of participation in conferences and workshops
  - and any pertinent assignments that will assist you in your future job search, certification and licensure. This can include any of the following (but not required):
    - papers and other written materials
    - transcripts of counseling role plays/sessions (NOT actual clients to ensure confidentiality)
    - tape critique forms (with any client identifying information removed)
    - proposals for specific counseling interventions
    - test critiques
    - self-assessments of knowledge and skills.

**Evaluation**

Assignments and Grading: Please see attached assignment schedule and details for what is expected of you in preparation for, and the day of, class dates.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Points</th>
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<tbody>
<tr>
<td>Class participation</td>
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<tr>
<td>Reflection Papers</td>
<td>25</td>
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<tr>
<td>Topic Facilitation</td>
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<tr>
<td>Speaker Notes w/Portfolio Submission</td>
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</table>

<table>
<thead>
<tr>
<th>Percentage Range</th>
<th>Grade</th>
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<tbody>
<tr>
<td>70-72%</td>
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<td>67-69%</td>
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<td>63-66%</td>
<td>B+</td>
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<td>60-62%</td>
<td>B</td>
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<td>57-59%</td>
<td>C-</td>
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<td>54-56%</td>
<td>D+</td>
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<tr>
<td>50-52%</td>
<td>D</td>
</tr>
<tr>
<td>47-49%</td>
<td>D-</td>
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</table>

Need update of grading scale.
Policy on Incompletes

NEW POLICY ON INCOMPLETE GRADES

Students will have up to one year (unless a shorter time is specified by the instructor) to complete work for which they received an I grade; after one year the I grade for the course will automatically become an F. Students cannot graduate with an I grade on their transcript. (Note: This policy is effective for graduate courses students beginning Fall 2011.)

Academic Integrity

"As an institution of higher education, Washington State University is committed to principles of truth and academic honesty. All members of the University community share the responsibility for maintaining and supporting these principles. When a student enrolls in Washington State University, the student assumes an obligation to pursue academic endeavors in a manner consistent with the standards of academic integrity adopted by the University. To maintain the academic integrity of the community, the University cannot tolerate acts of academic dishonesty including any forms of cheating, plagiarism, or fabrication. Washington State University reserves the right and the power to discipline or to exclude students who engage in academic dishonesty." *Can be found on page 136 of current WSU Spokane Student Handbook.

Academic Integrity Statement and link to WSU's policy: www.conduct.wsu.edu/default.asp?PageID=343

Safety

The Campus Safety Plan, which can be found at http://safetyplan.wsu.edu, contains a comprehensive listing of University policies, procedures, statistics, and information relating to campus safety, emergency management, and the health and welfare of the campus community. All faculty, staff, and students are encouraged to visit this web site as well as the University emergency management web site at http://oem.wsu.edu/Emergencies to become familiar with the campus safety and emergency information provided.

Disability Support Services

Students with Disabilities: Reasonable accommodations are available for students with a documented disability. If you have a disability and may need accommodations to fully participate in this class, please visit the Access Center (Washington
Building 217) to schedule an appointment with an Access Advisor. All accommodations MUST be approved through the Access Center. **Electronic Resources**

Licensure:  [www.counseling.org](http://www.counseling.org)

[http://www.counseling.org/Counselors/LicensureAndCert.aspx](http://www.counseling.org/Counselors/LicensureAndCert.aspx)

[http://www.counseling.org/Counselors/LicensureAndCert/IP/Members/CT2.aspx](http://www.counseling.org/Counselors/LicensureAndCert/IP/Members/CT2.aspx)

Certification:  [http://www.nbcc.org/certifications/ncc/NCE.aspx](http://www.nbcc.org/certifications/ncc/NCE.aspx)
Course Bibliography, Selected Texts Only


Herman, J. (1997). Trauma and recovery: The aftermath of violence from domestic abuse to political terror. New York: Basic Books.


Appendix

GUIDELINES FOR LICENSURE AS A MENTAL HEALTH COUNSELOR

Certification as a mental health counselor is through the Department of Health in Olympia, WA.

The educational requirements are as stipulated below:

WAC 246-809-220 Education requirements.

(1) To meet the education requirement imposed by section 9 (1)(b)(i), chapter 251, Laws of 2001, an applicant must possess a master's or doctoral degree in mental health counseling or a behavioral science master's or doctoral degree in a field relating to mental health counseling from an approved school. Fields recognized as relating to mental health counseling may include counseling, psychology, social work, nursing, education, pastoral counseling, rehabilitation counseling, or social sciences. Any field of study qualifying as related to mental health counseling must satisfy coursework equivalency requirements included in WAC 246-809-221. An official transcript must be provided as evidence of fulfillment of the coursework required.

(2) Any supplemental coursework required must be from an approved school.

(3) Applicants who held a behavioral science master's or doctoral degree and are completing supplemental coursework through an approved school to satisfy any missing program equivalencies may count any postgraduate experience hours acquired concurrently with the additional coursework.

(4) A person who is a Nationally Certified Counselor (NCC) or a Certified Clinical Mental Health Counselor (CCMHC) through the National Board of Certified Counselors (NBCC) is considered to have met the education requirements of this chapter. Verification must be sent directly to the department from NBCC.

WAC 246-809-221 Behavioral sciences -- Program equivalency. Behavioral science in a field relating to mental health counseling includes a core of study relating to counseling theory and counseling philosophy. Either a counseling practicum, or a counseling internship, or both, must be included in the core of study. Exclusive use of an internship or practicum used for qualification must have incorporated supervised direct client contact. This core of study must include seven content areas from the entire list in subsections (1) through (17) of this section, five of which must be from content areas in subsections (1) through (8) of this subsection:

(1) Assessment/diagnosis.
(2) Ethics/law.
(3) Counseling individuals.
(4) Counseling groups.
(5) Counseling couples and families.
(6) Developmental psychology (may be child, adolescent, adult or life span).
(7) Psychopathology/abnormal psychology.
(8) Research and evaluation.
(9) Career development counseling.
(10) Multicultural concerns.
(11) Substance/chemical abuse.
(12) Physiological psychology.
(13) Organizational psychology.
(14) Mental health consultation.
(15) Developmentally disabled persons.
(16) Abusive relationships.
(17) Chronically mentally ill.

**WAC 246-809-230 Supervised postgraduate experience.** The following are experience requirements for the applicant's practice area: Successful completion of a supervised experience requirement. The experience requirement consists of a minimum of thirty-six months full-time counseling or three thousand hours of postgraduate mental health counseling under the supervision of a qualified licensed mental health counselor in an approved setting. The three thousand hours of required experience includes a minimum of one hundred hours spent in immediate supervision with the qualified licensed mental health counselor, and includes a minimum of one thousand two hundred hours of direct counseling with individuals, couples, families, or groups.

**WAC 246-809-240 Examination for licensed mental health counselors.** (1) Testing companies must administer a written licensure examination on knowledge and application of mental health counseling at least once a year. The applicant must submit a completed application and application fee to the department at least ninety days prior to the scheduled examination date. All other supporting documents, including verification of supervised postgraduate experience, must be submitted sixty days prior to the examination date.

(2) Applicants who take and pass the National Board of Certified Counselors (NBCC), National Certification Examination (NCE) or the National Clinical Mental Health Counselor Examination (NCMHCE) have met the examination requirement of chapter 251, Laws of 2001. Verification of successful completion and passage of the NBCC examination is to be provided directly to the department of health by NBCC at the request of the applicant for Washington state mental health counselor.

(3) The passing score established by the testing company is the passing score accepted by the department of health.