Department Name  
_Nutrition and Exercise Physiology_

1. CHECK PROPOSED CHANGES.
   * [ ] Change department/program name from_________________________ to_________________________.
   * [ ] New degree or program in_________________________.
   * [ ] Change name of degree from_________________________ to_________________________.
   * [ ] Drop degree or program in_________________________.
   * [ ] Extend existing degree or program to_________________________ campus.
   * [ ] New Major in_________________________.
   * [ ] Change name of Major from_________________________ to_________________________.
   * [ ] Revise Major requirements in MS CPDNEP_________________________.
   * [ ] Drop Major in_________________________.
   * [ ] Revise certification requirements for the Major in_________________________.
   * [ ] New Option in_________________________.
   * [ ] Revise requirements for the Option in_________________________.
   * [ ] Drop Option in_________________________.
   * [ ] New Minor in_________________________.
   * [ ] Revise Minor requirements in_________________________.
   * [ ] Drop Minor in_________________________.
   * [ ] New Undergraduate Certificate in_________________________.
   * [ ] Revise Undergraduate Certificate requirements in_________________________.
   * [ ] Drop Undergraduate Certificate in_________________________.
   * [ ] Other_________________________.

Effective term/year **Fall 2012** (or ASAP)

<table>
<thead>
<tr>
<th>Contact Person</th>
<th>Contact Phone No.</th>
<th>Contact email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kathan E. Meier</td>
<td>509-358-7631</td>
<td><a href="mailto:kmeier@wsu.edu">kmeier@wsu.edu</a></td>
</tr>
</tbody>
</table>

2. GIVE REASONS FOR EACH REQUEST MARKED ABOVE. *(Attach additional paper if necessary; see reverse side.)* Please see attached—this is a change in the elective requirement only.

4. SIGN AND DATE APPROVALS.
   * [ ] Chair Signature/date
   * [ ] Dean Signature/date
   * [ ] General Education Comm/Date

<table>
<thead>
<tr>
<th>Catalog Subcom/date</th>
<th>Academic Affairs Comm/Date</th>
<th>Graduate Studies Comm/Date</th>
<th>Senate/Date</th>
</tr>
</thead>
</table>
Explanation and Rationale:

When we established the MS Coordinated Program in Dietetics, Nutrition, and Exercise Physiology (CPDNEP), students were allowed to choose from only three departmental electives (NEP 510, 580, or 585). Students in our other graduate programs (MS NEP, PhD NEP) are allowed the choice of any graduate elective relevant to their program of study. We now realize that the rule for the MS CPDNEP elective are too restrictive, causing problems with scheduling in the programs of study for these students, and limiting their ability to take excellent courses that enhance their skill set. The NEP faculty have voted to change the elective requirement. The proposed change is as follows:

Retain the requirement that MS CPDNEP students take one graduate elective.
Remove the requirement for the students to choose from only three NEP electives.
Revise the requirement so that students can choose from any graduate elective approved by their committee.
**Thesis Option**

**MS NEP**
(30 credits)

- Required NEP Core Courses (10 cr)
- 6 credits of the following:
  - NEP 526 Community, Health, & Nutrition (3 cr)
  - NEP 580 Advanced Topics in Exercise Physiology (3 cr)
  - NEP 510 Foundations of Cellular Regulation (3 cr)
- Statistics Course (3 cr)
  - Stat 412, Stat 512, Nurs 528, or HPA 519
- Electives (6 cr)
  - Nutrition
    - MBioS 513 Gen Biochem
    - Nurs 521 Teaching, Learning, and Eval
    - Nurs 589 Psychometrics
  - Exercise Physiology
    - MBioS 513 Gen Biochem
    - Nurs 479 Adv. Physiology (3cr)
    - VPh 555 Gen. & Cell. Physiol. (4 cr)
    - NEP 585 Clinical Exercise Phys. (3 cr)
- NEP Thesis 700 (5 cr)

**Non-Thesis Option 1**

**MS CPDNEP**
(38 credits)

- Required NEP Core Courses (6 cr)
- NEP 537 Diet Therapy (3 cr)
- NEP 551 Mgmt. Practices in Food Service (4 cr)
- NEP 501 Community Supervised Practice (5 cr)
- NEP 573 Nutri. & Exer. in the Community (2 cr)
- NEP 540 Clinical Supervised Practice (10 cr)
- NEP 702 Cumulative Exam (5 cr)
- Exercise Elective (3 cr)
  - NEP 585 Clinical Exercise Phys. (3 cr)
  - NEP 510 Fdn. Cellular Regulation (3 cr)
  - NEP 580 Adv. Topics Exercise (3 cr)

**Non-Thesis Option 2**

**MS Exercise Science**
(33 credits)

- Required NEP Core Courses (10 cr)
- NEP 580 Advanced Topics in Exercise Physiology (3 cr)
- One of the following:
  - NEP 526 Community, Health, Nutrition (3 cr)
  - NEP 510 Fdn. Cellular Regulation (3 cr)
- Statistics Course (3 cr)
  - Stat 412, Stat 512, Nurs 528, or HPA 519
- NEP 585 Clinical Exercise Phys. (3 cr)
- Electives (6 cr)
  - See list for thesis option
- NEP Project 702 (5 cr)
**Proposed Curriculum**

**MS Programs in Nutrition and Exercise Physiology**

**Thesis Option**

**MS NEP**

(30 credits)

- Required NEP Core Courses (10 cr)
- 6 credits of the following:
  - NEP 526 Community, Health, & Nutrition (3 cr)
  - NEP 580 Advanced Topics in Exercise Physiology (3 cr)
  - NEP 510 Foundations of Cellular Regulation (3 cr)
- Statistics Course (3 cr)
  - Stat 412, Stat 512, Nurs 528, or HPA 519
- Electives (6 cr) -- examples
  - Nutrition
    - MBioS 513 Gen Biochem
    - Nurs 521 Teaching, Learning, and Eval
    - Nurs 589 Psychometrics
  - Exercise Physiology
    - MBioS 513 Gen Biochem
    - Nurs 479 Adv. Physiology (3cr)
    - VPh 555 Gen. & Cell. Physiol. (4 cr)
    - NEP 585 Clinical Exercise Phys. (3 cr)
- NEP Thesis 700 (5 cr)

**Non-Thesis Option 1**

**MS CPDNEP**

(38 credits)

- Required NEP Core Courses (6 cr)
- NEP 537 Diet Therapy (3 cr)
- NEP 551 Mgmt. Practices in Food Service (4 cr)
- NEP 501 Community Supervised Practice (5 cr)
- NEP 573 Nutri. & Exer. in the Community (2 cr)
- NEP 540 Clinical Supervised Practice (10 cr)
- NEP 702 Cumulative Exam (5 cr)
- Elective (3 cr)
  - NEP 585 Clinical Exercise Phys. (3 cr)
  - NEP 510 Fdn. Cellular Regulation (3 cr)
  - NEP 580 Adv. Topics Exercise (3 cr)
  - or See list for thesis option

**Non-Thesis Option 2**

**MS Exercise Science**

(33 credits)

- Required NEP Core Courses (10 cr)
- NEP 580 Advanced Topics in Exercise Physiology (3 cr)
- One of the following:
  - NEP 526 Community, Health, Nutrition (3 cr)
  - NEP 510 Fdn. Cellular Regulation (3 cr)
- Statistics Course (3 cr)
  - Stat 412, Stat 512, Nurs 528, or HPA 519
- NEP 585 Clinical Exercise Phys. (3 cr)
- Electives (6 cr)
  - See list for thesis option
- NEP Project 702 (5 cr)